

# Health Care Reform: Preventive Medication Lists

Prevention	Rx	OTC
<b>Prevention of CVD</b>		
Aspirin tab (81, 325 mg)		X
Aspirin chew tab (81 mg)		X
Aspirin tab delayed release (81 mg, 162 mg)		X
<b>Supplementation with Folic Acid in Pregnancy</b>		
Folic acid cap (0.8 mg)		X
Folic acid tab (400, 800 mcg)		X
<b>Iron Supplementation in Children</b>		
Ferrous sulfate elixir		X
Ferrous sulfate syrup		X
Ferrous sulfate solution		X
<b>Prevention of Fall Risk</b>		
Ergocalciferol tab (400 unit)		X
Cholecalciferol cap (400,1000 unit)		X
Cholecalciferol tab (400,1000 unit)		X
Cholecalciferol chew tab (400,1000 unit)		X
Cholecalciferol oral liquid (400 unit/mL)		X
<b>Chemoprevention of Dental Caries</b>		
Sodium fluoride chewable tabs	X	
Sodium fluoride solution	X	

Contraceptives (Females only)	Rx	OTC
Oral (progestin only, combination, chewable, extended cycle, continuous cycle)	X	
Vaginal	X	
Emergency	X	
Rx Barrier (cervical cap, diaphragm)	X	
Injectable progestin	X	
Contraceptive sponge		X
Female condoms		X
Spermicides		X
Implants, IUDs		Medical

Vaccines
Hepatitis A (adult and pediatric)
Hepatitis B (adult and pediatric)
Influenza
Human Papillomavirus
Varicella
Zoster
Measles, Mumps & Rubella
Meningococcal
Pneumococcal Polyvalent 23
Tetanus Toxoid
Tetanus-Diphtheria Toxoid
Tetanus Toxoid-Diphtheria-Acellular Pertussis

Tobacco Cessation	Rx	OTC
Nicotine TD Patch 24HR (7, 14, 21 mg/24HR)		X
Nicotine Polacrilex Gum (2, 4 mg)		X
Nicotine Polacrilex Lozenge (2, 4 mg)		X
Bupropion HCL (smoking deterrent) Tab SR 12 hr 150 mg	X	
Varenicline Tartrate Tab (0.5, 1 mg, titration pack)	X	

For specific coverage and limitations please refer to plan specifications and benefit design. List is subject to change without notice. The most up-to-date listing of the formulary can be found online at [www.optumrx.com](http://www.optumrx.com).